



# U.S. INTERNATIONAL CHRISTIAN ACADEMY

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## LESSON PLAN

**Grade/Course: PSYCHOLOGY 9999999**

**Grade Level:** 12<sup>TH</sup> High School

**A)TEXT BOOK: Human Development [Paperback] by James Wilfrid Vander Zanden (Author), Thomas L. Crandell (Author), Corinne Haines Crandell (Author)**

**ISBN-10: 0073194867 / ISBN-13: 978-0073194868**

**Order No.:** 1

**Code:**PSY3003

**Class Type:** Online

**Resources:**

Text book  
Teacher works CD  
Teacher interactive online  
Links

Skype-Conference

**Instructional Supports:**

Textbook, Magazines, Journals, Websites  
Links, Conference, Multimedia,  
Comprehensive Reading Plan, Psychology Today Magazine, Discovery Channel, Journal of Social Psychology

**Length:** 1 year

**Area:** Social Studies

**Credits:** 1

**Total Numbers of class hours:**300 hrs

**Type:** Mandatory

**Standards:**

Florida Sunshine State Standards

**Prerequisite:**

Students must have successfully passed a Social Studies class in middle/high school.

**B) LESSON PLAN Description:**

This course is an introduction to the scientific study of human behavior. A brief historical account of the discipline of psychology and an introduction to the scientific method serve as the foundations of the course. In addition to the biological bases of behavior, basic principles of the psychological processes of human development, learning, diversity, social interaction, sensation and perception, thinking, memory, and personality are presented.

**C) LESSON PLAN Objectives:**

Students will:

1. Understand the biological, social, developmental, and adjustment aspects of behavior
2. Understand the major theories of personality, perception, motivation, emotions, and social behavior

Understand the basic processes of thinking, memory, learning, and language usage, and how they are used on the life.

3. Understand how to deal with abnormal behavior and psychological disorders.
4. Understand the basic ideas of industrial and organizational psychology and their application to managerial situations.

## **D) LESSON PLAN Contents**

### **PART ONE (Weeks: 1-3)**

The Study of Human Development  
Chapter 1 Human Development Defined  
Chapter 2 Theories of Development

### **PART TWO (Week:4)**

Beginnings  
Chapter 3 Reproduction, Heredity and Prenatal Development

### **PART THREE (Weeks: 5-8)**

Birth and Infancy: The First Two Years  
Chapter 4 Birth and Physical Development: The First Two Years  
Chapter 5 Infancy: Cognitive and Language Development  
Chapter 6 Infancy

### **PART FOUR (Weeks: 9-12)**

Early Childhood  
Chapter 7 Early Childhood: Physical and Cognitive Development  
Chapter 8 Early Childhood: Emotional and Social Development

### **PART FIVE (Weeks: 13-15)**

Middle Childhood  
Chapter 9 Middle Childhood: Physical and Cognitive Development  
Chapter 10 Middle Childhood: Emotional and social Development

### **PART SIX (Weeks: 16-20)**

Adolescence  
Chapter 11 Adolescence: Physical and Cognitive Development  
Chapter 12 Adolescence: Emotional and Social Development

### **PART SEVEN (Weeks: 21-25)**

Early Adulthood  
Chapter 13 Early Adulthood: Physical and Cognitive Development  
Chapter 14 Early Adulthood: Emotional and Social

### **PART EIGHT (Weeks: 26-30)**

Middle Adulthood  
Chapter 15 Middle Adulthood: Physical and Cognitive Development  
Chapter 16 Middle Adulthood: Emotional and Social Development

### **PART NINE (Weeks:31-35)**

Late Adulthood  
Chapter 17 Late Adulthood: Physical and Cognitive Development  
Chapter 18 Late Adulthood: Emotional and Social Development

### **PART TEN (Weeks: 36-40)**

The End of Life  
Chapter 19 Dying and Death

**F) LESSON PLAN: References, Websites, Journals, Magazines and Book**

1. Psychology Student Guide [Kindle Edition] by David Webb (Author)
2. Psychology [Hardcover] by David G. Myers (Author)
3. Influence: The Psychology of Persuasion (Collins Business Essentials) [Paperback] by Robert B., PhD Cialdini (Author)
3. Mindset: The New Psychology of Success Paperback by Carol Dweck (Author)
4. Psychology, Theology, and Spirituality in Christian Counseling (AACC Library) Hardcover by Mark R. McMinn (Author)
5. Dream Psychology Paperback – September 3, 2013 by Sigmund Freud (Author)
6. Psychology: Themes and Variations, Briefer Version [Paperback] by Wayne Weiten (Author)

#### **H) Web Reference:**

<http://www.apa.org/>  
<http://www.psychology.org/>  
[www.en.wikipedia.org/wiki/...Psychology/Archive\\_index](http://www.en.wikipedia.org/wiki/...Psychology/Archive_index)  
[www.science.gov/topicpages/p/psychology.html](http://www.science.gov/topicpages/p/psychology.html)  
[www.academia.edu/4241953/History\\_of\\_psychology](http://www.academia.edu/4241953/History_of_psychology)  
[www.alloverweb.net/link-f-h/handbook-of-child-psychology](http://www.alloverweb.net/link-f-h/handbook-of-child-psychology)  
[www.psychologytoday.com](http://www.psychologytoday.com)

#### **I.Journals:**

American Behavioral Scientist  
American Journal of Psychology  
American Psychologist  
Annual Review of Psychology  
Journal of Social Psychology  
The Online Journal of Sport Psychology  
Basic and Applied Social Psychology  
Behavioral and Brain Sciences  
Canadian Journal of Behavioural Science  
Canadian Journal of Experimental Psychology  
Consulting Psychology Journal: Practice and Research

#### **J.Magazines:**

Psychology Today  
The Best of Autism Digest

#### **K. Organizations:**

American Psychology Association

#### **M. Comprehensive Reading Plan**

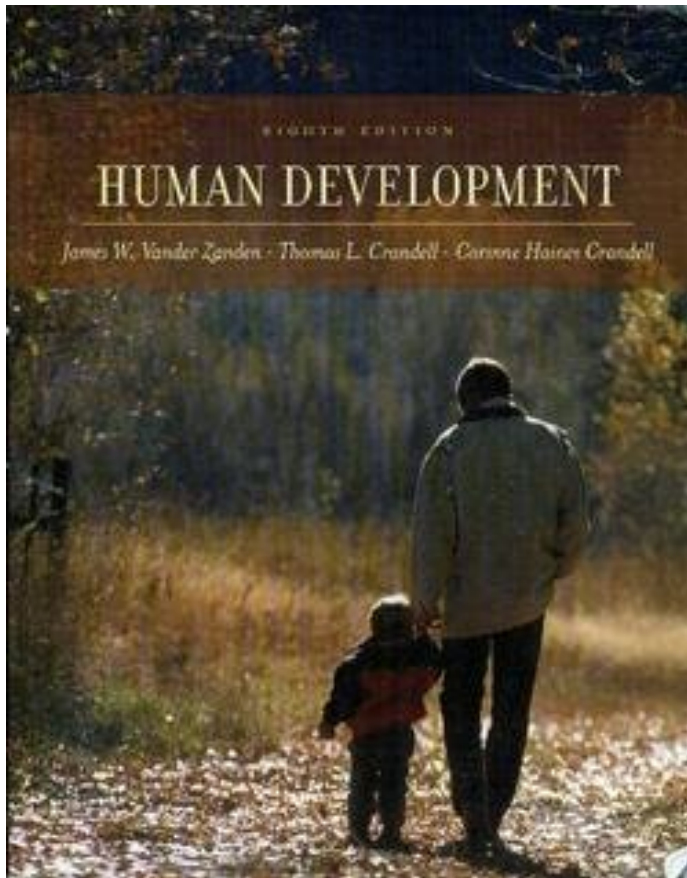
Students are required to read at least 1 book or their equivalent during each class as independent reading at-home. Students must also read for 30 minutes at home as part of their daily homework assignment in all subjects. Check your Class Reading Assignment at [www.USICAhs.org/CURRICULUM](http://www.USICAhs.org/CURRICULUM) and check free ebooks at [www.openlibrary.org](http://www.openlibrary.org).

**Text Book Description:**

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**BOOK:**



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